



NORTH BAY LEAGUE

Jan Smith Billing, Commissioner
Jcool@aol.com
(707) 975-1301



NBL Badminton Coach Meeting Minutes
Tuesday, January 15, 2019

- I. Attendance—All schools were represented but Piner, Roseland Collegiate Prep and Roseland University Prep
- II. Directory updates—[an updated director is attached to this email](#)
- III. Start date: January 28
 - a. First day of practice: January 28
- IV. Recommended Information
 - a. Sports Medicine Resources—www.cifstate.org
 - b. NFHS Information and application for membership—www.nfhs.org
 - c. CIF constitution and bylaws available at www.cifstate.org
 - d. NCS constitution and bylaws available at www.cifncs.org
 - e. NCS Championships: Championship bulletin available at www.cifncs.org
 - f. Practice and Conditioning Rule interpretations available at www.cifncs.org
 - g. NCS Ejection policy available on line at www.cifncs.org
 - h. Practice and Conditioning Rules Interpretations available at www.cifncs.org
 - i. Undue Influence Rule Interpretations available at www.cifncs.org
 - j. North Bay League web site: www.northbayleague.org. This website includes such items as: Schedules, all-league honorees, NBL Constitution and Bylaws
- V. Discussion items
 - a. NBL badminton bylaws—following discussion, two errors were corrected; [a new copy of the bylaws is attached.](#)
 - b. [Badminton schedule—attached to this email and available online at \[www.northbayleague.org\]\(http://www.northbayleague.org\)](#)
 1. [It is imperative that each school play all matches on the schedule](#)
 2. [The first five matches may be used to see how your kids are progressing](#)
 - c. [How to report match results—Scott Wallach from Maria Carrillo is developing a sheet for you to use to record your scores. It is also important to call the Press Democrat sports line and leave a message](#)
 - d. [Badminton NCS qualifier format](#)
 1. [DI—\(Maria Carrillo, Montgomery, Santa Rosa and Windsor\) Santa Rosa will host the singles; Windsor will host the doubles and Maria Carrillo will host the mixed doubles](#)
 2. [DII—\(Analy, Elsie Allen, Healdsburg, Piner, Roseland University Prep and Roseland Collegiate Prep\) Piner will host the doubles and the mixed doubles and Analy will host the singles](#)
 - e. [All-league meeting: Monday, April 29 during the seeding meeting](#)
 - f. Undue influence grid—emailed with agenda and discussed at the meeting
 - g. CIF State Practice Time Allowance
 1. All teams will be allowed no more than 18 hours of practice time per week and no more than four (4) hour in any single day.
 2. Any competition day would count as three (3) hours toward the allowable weekly and daily practice hours, no matter the length of the contest(s).
- VI. Items from the floor