



NORTH BAY LEAGUE

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NBL Badminton Coach Meeting Agenda
Tuesday, January 15, 5:45 PM
Santa Rosa High School, Room 15

- I. Attendance
- II. Directory updates
- III. Start date: January 28
 - a. First day of practice: January 28
- IV. Recommended Information
 - a. Sports Medicine Resources—www.cifstate.org
 - b. NFHS Information and application for membership—www.nfhs.org
 - c. CIF constitution and bylaws available at www.cifstate.org
 - d. NCS constitution and bylaws available at www.cifncs.org
 - e. NCS Championships: Championship bulletin available at www.cifncs.org
 - f. Practice and Conditioning Rule interpretations available at www.cifncs.org
 - g. NCS Ejection policy available on line at www.cifncs.org
 - h. Practice and Conditioning Rules Interpretations available at www.cifncs.org
 - i. Undue Influence Rule Interpretations available at www.cifncs.org
 - j. North Bay League web site: www.northbayleague.org. This website includes such items as:
Schedules, all-league honorees, NBL Constitution and Bylaws
- V. Discussion items
 - a. NBL badminton bylaws—emailed with agenda
 - b. Badminton schedule--attached to this email and available online at www.northbayleague.org
 - c. How to report match results
 - d. Badminton NCS qualifier format
 - e. All-league meeting: after the NBL season, time and location TBA
 - f. Undue influence grid—emailed with agenda
 - g. CIF State Practice Time Allowance
 1. All teams will be allowed no more than 18 hours of practice time per week and no more than four (4) hour in any single day.
 2. Any competition day would count as three (3) hours toward the allowable weekly and daily practice hours, no matter the length of the contest(s).
- VI. Items from the floor