

CPR AND FIRST AID TRAINING

Santa Rosa City Schools

SUMMER-FALL 2008

Instructor:

Maxine Freitas 707-953-6223 email: equiedinc@aol.com (best way to communicate with me!)

Location:

Room 8 Nueva Vista High School on the Lewis Adult Campus 2232 Lomitas Ave

All classes begin at 4:00

® **Renewal classes** last approx 2 hours, this year will include AED (automated defibrillator training)

*Classes for those who have never been certified in CPR before, or for whom it has been more than 3 years will run approx 3 1/2 hours

Please call to register or for more information at least 48 hours in advance.

**classes with less than 3 students will be cancelled

RED CROSS CPR VALID FOR ONE YEAR ONLY

CPR - Class size limited to a maximum of 10 students

Tuesday, June 3 ®

Tuesday, July 22 ®

*Tuesday, July 29- Never taken CPR or expired more than 3 years

Tuesday, August 5 ®

*Tuesday, August 19- Never taken CPR or expired more than 3 years

Sometime in September an infant and child course will also be offered, call for info if interested.

Tuesday, September 9 ®

Tuesday, October 7 ®

*Tuesday, November 4 Never taken CPR or expired more than 3 years

Tuesday, November 18 ®

Tuesday, December 2 ®

RED CROSS FIRST AID VALID FOR THREE YEARS.

FIRST AID- Class size limited to a maximum of 14 students 3 1/2-4 hours

Tuesday, June 10

Tuesday, July 15

Tuesday August 12

Tuesday September 2

Tuesday October 14

Tuesday November 11

Tuesday December 9

- In the event the instructor is ill or other unforeseen circumstance occurs, attempt will be made to reach enrollees, and a note will be posted on the window to Rm 8.
- Occasions do occur when a class(es) need to be rescheduled, early registration is therefore highly recommended to allow adequate time for notification and to make other arrangements.