

# **CPR AND FIRST AID TRAINING**

## **Santa Rosa City Schools**

### **SPRING 2009**

Instructor:

Maxine Freitas 707-953-6223 email: [equiedinc@aol.com](mailto:equiedinc@aol.com) (best way to communicate with me)

Location:

Room 8 Nueva Vista High School on the Lewis Adult Campus 2232 Lomitas Ave

#### **All classes begin at 4:00**

**CPR Renewal classes** last approx 2.5-3 hours and include AED training (automated defibrillator device)

\*It is recommended that if you have never taken a CPR class before, or it has been longer than 3 years, that you take the class through the Red Cross or Kidsake.

*Please call to register or for more information at least 48 hours in advance.*

\*\*classes with less than 3 students will be cancelled

#### **RED CROSS CPR VALID FOR ONE YEAR ONLY**

CPR - Class size limited to a maximum of 10 students

Tuesday, January 6  
Tuesday, January 27  
Tuesday, February 10  
Tuesday, February 24  
Tuesday, March 31  
Tuesday, April 28  
Tuesday, May 12  
Tuesday, June 9

#### **RED CROSS FIRST AID VALID FOR THREE YEARS.**

FIRST AID- Class size limited to a maximum of 14 students 3 1/2-4 hours

Tuesday, January 13  
Tuesday, February 3  
Tuesday, March 3  
Tuesday, April 14  
Tuesday, June 2

- In the event the instructor is ill or other unforeseen circumstance occurs, attempt will be made to reach enrollees, and a note will be posted on the window to Rm 8.
- Occasions do occur when a class(es) need to be rescheduled, early registration is therefore highly recommended to allow adequate time for notification and to make other arrangements.