

CPR AND FIRST AID TRAINING
Santa Rosa City Schools
Fall 2009 REVISED 7/29/09

Instructor: Maxine Freitas 707-953-6223 email: equiedinc@aol.com (best way to communicate with me)

Location: Room 8 Nueva Vista High School on the Lewis Adult Campus 2232 Lomas Ave

All classes begin at 4:00

CPR Renewal classes last approx 3 hours and include AED training (automated defibrillator device)

You must be physically able to get down on your knees and demonstrate proficient execution of the skills required for CPR and Unconscious choking to be able to pass this course.

*It is recommended that if you have never taken a CPR class before, or it has been longer than 3 years, that you take the class through the Red Cross or HealthSource at Kidsake.
Proof of last certification required if new to SRCS.

Please call to register or for more information at least 48 hours in advance.

**classes with less than 3 students will be cancelled

RED CROSS CPR RENEWAL VALID FOR ONE YEAR ONLY

CPR - Class size limited to a maximum of 10 students

Tuesday, August 4
Tuesday, August 11
Tuesday, September 15
Tuesday, October 6
Tuesday, November 10
Tuesday, November 24
Tuesday, December 1

RED CROSS FIRST AID VALID FOR THREE YEARS.

FIRST AID- Class size limited to a maximum of 14 students, class length is approximately 3.5 hours

Tuesday, August 25 (date changed)
Thursday, September 24
Thursday, October 15
Tuesday, November 17
Thursday, December 10

In the event the instructor is ill or other unforeseen circumstance occurs, attempt will be made to reach enrollees, and a note will be posted on the window to Rm 8.

Occasions do occur when a class(es) need to be rescheduled, early registration is therefore highly recommended to allow adequate time for notification and to make other arrangements.