

NORTH BAY LEAGUE

Badminton Meeting

February 2, 2011

Montgomery High School, Room 14, 7:00 p.m.

- I. Schedule for this year – Elsie Allen will not have a team, you will have a bye.
 - A. Preseason marathon Tournament – Stan - No tournament this year.
 - B. Montgomery mixed double – Tentative dates Thurs., 3/3/11 or Tues., 3/8/11
 - C. On the Saturday matches do you will have to pay a custodian time and a half?

- II. NBL Qualifying Tournament for NCS
 - A. Saturday, May 14, 2011, at Piner
Players can only enter one category.
Seeding Meeting, Friday, May 13, at 6:30 p.m. at Piner High
 - B. All singles players must play in the tournament to qualify for NCS
 - C. Players must have played at least one-half of the league matches at the Varsity or J.V. level
 - D. NCS Championships in East Bay this year.

- III. Shuttles - same as last year.
Yonex - Mavis 350 - Yellow
May be ordered from Ashby Sports.

- IV. Match Information - Change
 1. Top three ranked players do not have to play singles, but those who are playing singles and doubles must play in ranked order.
 2. A player may play in two categories in league play.
 3. Make sure players stay so that all the players have the opportunity to play in a courtesy match.

- V. All League - to be chosen at the end of the year.
All League Meeting: Monday, May 16, 2011, Montgomery, Room 14, 7:00 p.m.
During the season, please observe the players for selection & bring your team match sheets so we can compare wins and loses.
4 girls singles, 4 boys singles, 2 girls doubles, 2 boys doubles, 3 mixed doubles and honorable mention. The doubles teams must have played together during league. Players will be determined by league record.

- VI. Use rally scoring. Service rule change from last year.
Racket head no longer has to be below the hand holding the racket; however, the racket shaft must be angled downward. Whole shuttle must be below the waist.

- VII. NCS Ejection Policy - Coaches and players

- VIII. NBL Sportsmanship Program - Ballots will be distributed

**IX. Coaching Education – Every paid or unpaid (volunteer) working with the students
MUST TAKE THE COACHING EDUCATION CLASS and
be registered with the School District.**

**A coach has one season to take the Coaching Education class. After the first
season of coaching, he/she must take the class before coaching in any California
high school.**

X. NBL and NCS Rules

XI. Uniform Policy—The NCS uniform policy will be used in NBL League matches.

XII. Other Items of concern.

BADMINTON MATCH RULES

Revised December, 2010

A. Coaches

- 1. Exchange line-ups at the beginning of the match**
- 2. Determine when matches will be played according to which players are playing singles, doubles or mixed doubles.**
- 3. Players may play in two categories .**
- 4. The singles players and doubles teams must play in ranked order.**
- 5. A player may move from Varsity to Junior Varsity anytime during the season. Players may not play on the Varsity team and the J.V. team on the same day. Players may play as many courtesy matches as they wish. (Some teams do not have a J.V. Team.)**
- 6. Rally scoring will be used.**

B. Welcome the visitors

C. Introduce the coaches

D. Give the ground rules

E. When matches are put on the courts, have both players come to the desk to get their score sheets and the shuttle. Have them introduce themselves.

F. Remind players that NO COACHING is allowed except at the following breaks. Between 1st and 2nd game – 2 minutes - Players-may NOT leave the court. Between 2nd and 3rd game if split games – 2 minutes – players may leave the court.

G. When players go to the courts, try not to disturb the courts in play. Move quickly to your court when the bird is not in play on the courts you are passing.

H. Remind the players that play is continuous and they may not leave the court during play except between the 2nd and 3rd games.

I. Water is allowed on the courts in a container that is not open. Abuse of water breaks is considered unsportsmanlike and may result in a warning. Continued abuse may result in an ejection.

J. If there are questions regarding the rules, etc., players can indicate this to the coaches by sending a player to the table.

K. If you should split games, leave your rackets on the court so we know the match has not been completed.

L. NBL uses the North Coast Section Uniform Rules for all of its matches.

SEE BACK OF SHEET FOR NCS UNIFORM RULES.

NORTH COAST SECTION UNIFORM RULE

UNIFORMS

14.509H Participants Uniforms

Participating team members at the NCS/Les Schwab Tires Badminton Championships must comply with the following team uniform requirements.

- 1) All players on a team must wear shirts of the same color and the same trim pattern, but not necessarily the same material. A single partial/whole manufacturer's logo/trademark (no more than 2 1/4 square inches with no dimension more than 2 1/4 inches) and/or one American flag (no more than 2 inches x 3 inches in size) are permitted on the shirt. The shirts do not have to be manufactured by the same company.
- 2) All players on a team shall wear shorts of the same color and the same trim pattern but not necessarily the same material. A single partial/whole manufacturer's logo/trademark (no more than 2 1/4 square inches with no dimension more than 2 1/4 inches) and/or one American flag (no more than 2 inches x 3 inches in size) are permitted on the shorts. The shorts do not have to be manufactured by the same company.
- 3) Players may wear sweat pants during competition provided they match the color of the team's shorts. All of the sweat pants worn in competition must have the same trim pattern. The sweat pants material does not necessarily have to be the same material. A single partial/whole manufacturer's logo/trademark (no more than 2 1/4 square inches with no dimension more than 2 1/4 inches) and/or one American flag (no more than 2 inches x 3 inches in size) are permitted on the sweat pants that are worn in competition. The sweat pants do not have to be manufactured by the same company.

PENALTY FOR VIOLATION: Participating teams and/or players who wear illegal uniforms will be subject to disqualification once a match has started.

*Any delay in competition is subject to procedures outlined by USA Badminton Rules.
(Board of Managers 10/17/08)

WARM

**COACH
EJECTION POLICY NOTIFICATION FORM***
(North Coast Section Ejection Policy)

_____ High School

The following rules and minimum penalties are applicable to players and coaches as adopted by the NCS Board of Managers. This policy will be in effect during non-league, league, invitational tournaments/events, post-season, league, section or state playoffs, etc).

1. Ejection of a player from a contest for unsportsmanlike or dangerous conduct.
Penalty: The player shall be ineligible for the next contest (non-league, league, invitational tournament, post-season {league, section or state} playoff, etc.).
2. Ejection of coaches, assistant coaches and/or coaching representatives for unsportsmanlike conduct as defined in sport specific NCS Ejection Policy rules summaries.
Penalty: The coach, assistant coach and/or coaching representative will immediately remove themselves from their coaching responsibilities in accordance with National Federation or sport governing rules for the respective sport. The coach, assistant coach and/or coaching representative must leave the vicinity of the playing area immediately and is prohibited from any contact, direct or indirect, with the team players and other team personnel during the remainder of the game. If there is no other coaching representative who is certified by the school in accordance to CIF bylaw 506, the game shall be terminated and declared a forfeit. The offending coach's school will be credited with a loss and the opposing school shall be credited with a win. The ejected coach, assistant coach and/or coaching representative will be prohibited from coaching or attending the next interscholastic contest for that team or any other team in the same sport prior to serving the penalty.
3. Illegal participation in the next contest by a player or coach ejected in a previous contest.
Penalty: The contest shall be forfeited and the ineligible player or coach shall be ineligible for the next contest.
4. Second ejection of a player for unsportsmanlike or dangerous conduct from a contest during one season.
Penalty: The player shall be ineligible for the remainder of the season (includes pre-season, league season and post-season play). The coach, assistant coach and/or coaching representative are employees of the school. The NCS does not have the authority to terminate employment of school employees, which would be the effect of a balance of the season suspension. Therefore, the penalty for a second ejection for a coach, assistant coach and/or coaching representative shall be that the coach, assistant coach and/or coaching representative shall be prohibited from coaching or attending the next two interscholastic contests for that team and shall also be prohibited from coaching or attending any NCS post-season contests for which the team qualifies.
5. When one or more players leave the bench to begin or participate in an altercation.
Penalty: The player(s) shall be ejected from the contest-in-question and become ineligible for the next contest (non-league, league, invitational tournament, post-season {league, section or state} playoff, etc.).
6. Coaches are responsible for determining the cause of ejection for any of their players and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture) should a student who is in violation of the Ejection Policy play in a subsequent contest. (BOM 10/24/97)

I have read and understand the rules and regulations of the Ejection Policy. Athletes may not participate in any contest until this document is filed with the school.

Coach's Signature _____ (Date) _____

SPORT _____ VAR JV FS Fr
(Circle one)

*These signed policy statements are to be maintained at each school. An Ejection Policy Notification Form-SCHOOL (see page 5) is to be filed, according to league policy, either with the league commissioner or with the North Coast Section.

NORTH COAST SECTION EJECTION POLICY

BADMINTON - 2011

The following is a summary of the rules pertaining to the NCS Ejection Policy in badminton. This summary is provided as a guide for athletic directors, coaches and league commissioners. This summary outlines why an athlete or coach would be disqualified from badminton competition. Any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student and/or coach to ejection and application of the NCS Ejection Policy. **Please review these rules with your student athletes and coaches.** It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or coach, nor for the student's and coaches' demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school's and coach's responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rules Handbook - bylaw 306H). In addition, the primary event official for badminton shall be authorized by the league for intra-league competition.

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.
(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).
(Board of Managers 10/24/97)

Note: Any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection from the contest and application of the NCS Ejection Policy will apply.

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Badminton	Law 18.7	USBA rules do not fully address unsportsmanlike conduct. Therefore, NCS would define unsportsmanlike conduct as conduct of an athlete or coach who becomes abusive or interferes with the orderly progress of the match. This includes, but is not limited to, deliberately cause suspension of play, deliberately interfere with the speed of the shuttle, behave in an offensive manner, be guilty of misconduct not otherwise covered by the Laws of Badminton, acts of disrespect, use of foul language, unethical or dishonorable actions which bring discredit to the athlete's or coaches' school, disrespectfully addressing an official or coach, taunting or criticizing an opponent, official or coach and failure to follow directions of match or tournament officials.	Yes

**NORTH BAY LEAGUE
Sportsmanship Ballot**

SCHOOL _____

Date _____

SPORT _____

_____ BOYS

_____ GIRLS

Please bring this ballot with you to the end of the season All-League Meeting/League Tournaments. If for some reason, you cannot attend these meetings; please mail, fax or email the information **AS SOON AS POSSIBLE TO:**

**Marie Sugiyama, NBL Commissioner
2613 Westberry Drive
Santa Rosa, CA 95403
Telephone/Fax: 707-544-4824
Email: mariemsugi@att.net**

Thanks! We appreciate your cooperation in making our Sportsmanship Awards Program a true evaluation of the great work the schools and coaches are doing in their athletic programs.

Please rate the top five schools in ranked order with "5" being the top team. YOU MAY NOT VOTE FOR YOUR TEAM. This vote includes the nonvarsity teams also.

A copy of the criteria is on the back of this sheet. Thanks again for your input!!

- 5 _____ Top Team
- 4 _____ 2nd best Team
- 3 _____ 3rd best Team
- 2 _____ 4th best Team
- 1 _____ 5th best Team

Comments on any of the teams are welcome; i.e., coach was a positive influence on the team; players were courteous, friendly, played with integrity; needed work on sportsmanship; etc.

The success of this program depends on your willingness to participate.

**NBL
NCS
RULES**

**CALIFORNIA INTERSCHOLASTIC FEDERATION
NORTH COAST SECTION
NORTH BAY LEAGUE
General Rules**

Revised 2010

In order to be eligible to participate in sports activities in the North Bay League, the student:

1. may not play in a contest on an **"outside team" in the same sport** while participating at the high school during its season of sport. Exception: Soccer when held as a Fall or Spring season of sport. (NCS)
2. must have attended a full day (determined by the school) of school on the day of competition or if the game is on Saturday, must have attended a full day of school on Friday the day before the Saturday competition. (NBL) Santa Rosa City Schools and Ukiah--every period of the day. Rancho Cotate, Ursuline and Cardinal Newman--four periods of the school day. Exception: If there is a legitimate reason for the absence, the Principal may permit the student to participate on that day. File approved request with Athletic Director.
- ** 3. must be eligible under the NCS transfer rule. **If a student moves from one high school to another WITH OR WITHOUT their parents moving to the new high school's attendance area. THE STUDENT IS INELIGIBLE TO COMPETE AT THE NEW SCHOOL.** Refer any new student entering from another high school to an administrator or your athletic director.
4. If a **foreign exchange student**, must file a waiver with the NBL and NCS Commissioners. Refer the student to your administrator or athletic director.
5. **may not practice, scrimmage or compete with a non-CIF school or college teams. You may practice with a club team during the NCS season of sport; but may not participate in any scrimmages and/or games with that team.**

You may play a school from another state or country if approved by the NCS & CIF. Check with your athletic director if you wish to play an out-of-state team or a team from another country.
6. **may not play in a Varsity game & a Junior Varsity or a Varsity and a Freshman or a Junior Varsity and Freshman game on the same day. (NBL) Once a player has played in a varsity LEAGUE contest he/she no longer may play as a non-varsity player. (Exceptions: Baseball/Softball spring holiday tournaments and individual sports)**
7. must not have participated in more than one season in a particular sport during the school year.
8. must not have participated more than four (4) seasons in a sport in a four-year high school or three (3) seasons of sport in a three-year high school.
9. may not participate in All-Star Competition inconsistent with the CIF Rule.
10. must not have reached **19 years** of age prior to June 15.
11. must have passed and submitted verification to the athletic director of a physical examination dated on or after **June 1 of the current year.**
12. must be enrolled in and have passed at least 20 semester credits of work at the completion of the last regular school grading period. Must be passing 20 semester units during the last grading period. Must maintain at least a 2.0 grade average and must be progressing toward graduation Student may be on probation as determined by the school's district.
13. Must be eligible under the CIF amateur rule. ->

If you have any questions regarding CIF, NCS, or NBL rules, contact your athletic director.
director.
director.

National Federation of High Schools – Baseball, Basketball, Cross Country, Football, Boys Lacrosse, Soccer, Softball, Swimming, Track & Field, Volleyball, Water Polo and Wrestling

United States Golf Association – Golf

USA Badminton – Badminton

USA Lacrosse – Girls Lacrosse

United States Tennis Association – Tennis

(Board of Managers 1/19/07)

PRACTICE REGULATIONS

200H Definition of Practice

Practice is the association of a coach or coaches with a potential team member or members for the purpose of teaching the mental or physical skills of a CIF approved sport.

- a) The NCS Commissioner has the power of interpretation of the definition of practice. Any specific exceptions to the definition should be referred to the NCS Sports Advisory Committee.

(See further information under Appendix A – Practice and Conditioning Guidelines)

201H Practice is Allowable

- a) Practice by a school team will only be allowed during the official season of sport.
b) Only ninth grade through twelfth grade students may practice with or compete on a high school team. Ninth grade students of a junior high school that is located on the same campus and is under the supervision of the same principal as the senior high school may practice with and compete on the high school team.

Ninth Grade Students

Ninth grade students from an elementary or junior high school may not take part in the spring football practice at the high school. A high school coach may not conduct a football practice session at a separate junior high school. Ninth grade students at a junior high school that has a multi-campus agreement with the high school may take part in the respective high school's spring football practice.

(See further information under Appendix A – Practice and Conditioning Guidelines)

PENALTY FOR VIOLATION: Remedies/penalties for violation of NCS Sports & General Rulings Handbook Bylaw 201H are found in Bylaw 102H.

(NCS Board of Managers 10/21/2005)

202H Earliest Date of Practice

The earliest day that practice may begin in the NCS is:

Fall Sports - the Monday following the Thursday fifteen weeks prior to Thanksgiving
(Board of Managers 4/28/08)

Winter Sports - the Monday following the Saturday 20 weeks prior to the Saturday of the State CIF Basketball Championships. (Board of Managers 10/30/98)

Spring Sports - the Monday following the Saturday 17 weeks prior to the Saturday of the State CIF Track & Field Championships. (Board of Managers 10/30/98)

(See further information under Appendix A – Practice and Conditioning Guidelines)

203H Limitation on Practice

NCS member schools may only conduct interscholastic games and practices during the season of sport limits as determined by the NCS Board of Managers, and as further restricted by each school's league.

(See further information under Appendix A – Practice and Conditioning Guidelines)

PENALTY FOR VIOLATION: Remedies/penalties for violation of NCS Sports & General Rulings Handbook Bylaw 203H are found in Bylaw 102H.

(NCS Board of Managers 10/21/05)

204H Sunday Restrictions (CIF 309, May 2000)

In order to provide at least one-day respite from involvement in interscholastic athletics each week, no interscholastic games or practices of any kind are to be held on Sunday.

Exception: Those schools founded upon religious tenets that observe the Sabbath from Friday sundown until Saturday sundown may practice or play on Sundays. Said schools must register each year by August 1 for the following year with their section office and indicate either Friday or Saturday as their alternate day of respite.

(CIF Federated Council May 2003)

PENALTY FOR VIOLATION: Remedies/penalties for violation of NCS Sports & General Rulings Handbook Bylaw 204H are found in Bylaw 102H.

(NCS Board of Managers 10/21/05)

205H Multi-School Practice

Multi-school practices for members of individual sport teams are allowed (i.e. badminton, cross country, swimming, diving, tennis, golf, track, and wrestling) only between the conclusion of the league/conference season and the section/state

competition in that sport, for those athletes who have qualified for NCS/Les Schwab Tires or State CIF post-season competition.

Exception:

If both principals approve, two schools may conduct multi-school practices for members of individual sport teams prior to the conclusion of the league/conference season for one or more of the following reasons:

1. Safety concerns due to lack of equipment (ex. lack of pole vault equipment)
2. Lack of facilities such as a swimming pool or diving board
3. Gender equity – lack of competition for a single gender where the sport is of a contact nature. (i.e. wrestling)
4. Coaches hired to coach individual sports at multiple schools/districts.

PENALTY FOR VIOLATION: Disqualification from the respective NCS/Les Schwab Tires Championship Series Event and referral to the respective league, or NCS Eligibility Committee (non-league affiliate schools), according to NCS Sports & General Rulings Handbook Bylaw 102H, where additional penalties may be assigned.

(NCS Board of Managers 10/21/05)

206H Exceptions to the Limitation on Practice

- a) Spring football practice shall not start earlier than the Monday four weeks prior to Memorial Day and must be completed before spring final examinations start.
 - 1) Spring practice shall not exceed ten (10) practice sessions, none of which may be held on Saturday or Sunday.
 - 2) The only allowable football equipment for spring football shall be: football shoes, footballs, helmets and blocking bags.
(Board of Managers 1/23/98)
- b) A coach may not require a prospective team member to attend off-season practice at any time during the school year or summertime.
- c) Coaches of interscholastic teams may teach their sport during the school year in a regularly scheduled physical education class, if the class is not limited to students who plan to participate in that sport, and the class is not a requirement for participation (including try-outs) in that sport.
- d) Schools may not sponsor nor provide resources (facilities, equipment, etc.) for practice by a school team or team members outside the official season of the sport except as provided by 209H.
- e) During the periods of time not defined as the football season of sport or as a league approved football conditioning program, or as spring football practice, schools may not hold or sponsor conditioning or practice for members of the school football team during the school year other than as defined by 209H.
- f) Participation in any sport outside of the defined NCS season of sport must be governed by the nationally recognized authority for that sport if such authority exists.

(See further information under Appendix A – Practice and Conditioning Guidelines)

PENALTY FOR VIOLATION: Remedies/penalties for violation of NCS Sports & General Rulings Handbook Bylaw 205H are found in Bylaw 102H.

(NCS Board of Managers 10/21/05)

207H School Team/Individual Sponsorship

- a) During the school year, a member school may NOT:
 - 1) Sponsor a team outside of the NCS defined season of that sport or sponsor an individual or group for competition outside of the official season of that sport except as provided by 209H.
 - 2) Pay entry fees for a team or for individuals in any competition conducted outside of the official season of sport for the respective sport except as provided by 209H.
 - 3) Contract with or encourage a coach to supervise a team outside the official season of sport for the respective sport except as provided by 209H.

(See further information under Appendix A – Practice and Conditioning Guidelines)

PENALTY FOR VIOLATION: Remedies/penalties for violation of NCS Sports & General Rulings Handbook Bylaw 206H are found in Bylaw 102H.

208H Coaching

- a) A person employed as a coach by a NCS member high school may coach a team outside the official season for that sport provided all of the following conditions are met:
 - 1) He/She coaches as a private citizen,
 - 2) He/She does not receive compensation for coaching team from the school, school district, or other school related organization (e.g. P.T.A., boosters club, etc.),
 - 3) He/She is not assigned to coach by the school or school district,
 - 4) He/She does not use any school-owned equipment (i.e. uniforms, balls, bats, etc.), or facilities (e.g. gymnasium, rooms, fields, etc. under conditions more favorable than those available to the general public,
 - 5) He/She does not represent the team as a school team, or as a requirement to play for the school team, and
 - 6) He/She does not use the school's name as the team's name.

The intent of the above regulations is to insure that NCS schools only conduct and support practice and competition for their teams in CIF approved sports during the respective sport's season of sport as defined by the NCS Bylaws. In addition, the NCS will make no effort to curtail the activities of its students or of its coaches other than during the official season of sport,

except to insure that competition or practice in a sport program outside of the sport's season of sport is not represented as a school sponsored activity and is not, in any way, to be approved or supported by a NCS member school except as provided by 209H.

(See further information under Appendix A – Practice and Conditioning Guidelines)

PENALTY FOR VIOLATION: Remedies/penalties for violation of NCS Sports & General Rulings Handbook Bylaw 207H are found in Bylaw 102H.

(NCS Board of Managers 10/21/05)

209H Organizational Meetings

Schools may conduct three organizational meetings, per sport, during the school year outside of the season of sport.

PENALTY FOR VIOLATION: Remedies/penalties for violation of NCS Sports & General Rulings Handbook Bylaw 208H are found in Bylaw 102H.

(NCS Board of Managers 10/21/05)

210H Summertime School Athletic Activities

During the period of time from the last NCS/CIF athletic competition (CIF Boys' Golf Championship) until the first NCS authorized conditioning or practice date of the next school year, NCS shall have no authority over NCS member school athletic activities concerning:

1. Use of facilities
2. Equipment
3. Assignment of a coach by the school or school district to coach
4. Practices
5. Non-NCS/CIF contests

The authority to manage these items shall rest with the individual school district or private school board. All NCS Eligibility Bylaws related to pre-enrollment contact and undue influence still apply.

(See further information under Appendix A – Practice and Conditioning Guidelines)

PENALTY FOR VIOLATION: Remedies/penalties for violation of NCS Sports & General Rulings Handbook Bylaw 209H are found in Bylaw 102H.

(Board of Managers 10/21/05)

211H Open Gyms and Open Fields

Open gyms and open fields may be sponsored by NCS member schools during the period of the first NCS authorized conditioning or practice date of the fall season through the last NCS/CIF athletic competition (CIF Boys' Golf Championships) under the following conditions:

1. The open gym or open field is open to all community members regardless of age or gender.
2. The school must, at the very least, advertise in its daily bulletin, an invitation for participation of all community members.
3. During the open gym or open field there cannot be any coaching or practice as defined by NCS Sports & General Rulings Bylaw 200H, 201H a), 202H, 203H, 205H and 206H. School personnel, including paid and volunteer coaches, may supervise a facility and may participate in activities (ex. pick-up games) as long as they do not instruct students in the skills and/or strategies of the sport.

(See further information under Appendix A – Practice and Conditioning Guidelines)

PENALTY FOR VIOLATION: Remedies/penalties for violation of NCS Sports & General Rulings Handbook Bylaw 210H are found in Bylaw 102H.

(NCS Board of Managers 10/21/05)

SPORTSMANSHIP

"It is the mission of the North Coast Section to provide wholesome, educational athletic activities that foster the ideals of sportsmanship, ethical conduct and fair play. All competition and practices shall be conducted in a safe manner that assures dignity, respect and courtesy for players, coaches, officials and spectators." (Board of Managers - April 26, 1996)

300H Sportsmanship

Sportsmanship Preamble

The member schools of the North Coast Section, CIF are committed to providing a sportsmanlike environment for students, coaches, and spectators. To that end, the NCS Board of Managers has adopted sportsmanship and crowd control recommendations. Each member school is encouraged to implement these recommendations and commit to the enforcement of proper spectator behavior at all contests conducted at their home location and while visiting other contest locations.

Repeated violations of sportsmanship standards may result in loss of hosting NCS and CIF Championship events. All concerns regarding violations of sportsmanship standards should be reported to the NCS Office.

APPENDIX A

NORTH COAST SECTION, CIF

12925 Alcosta Blvd., Suite 8, San Ramon, CA 94583

Phone: 925-866-8400 // Fax: 925-866-7100

Website: www.cifncs.org

UNDUE INFLUENCE RULE INTERPRETATIONS – A GUIDE FOR STUDENTS AND PARENTS

Last updated Thursday, April 9, 2009

The review of the meaning and interpretation of the CIF Undue Influence rule below is meant to give schools a guide to determining what is, and is not, a violation of CIF Bylaw 510 concerning undue influence; pre-enrollment contact, transfer based on athletic motivation and failure to disclose pre-enrollment contact. The NCS Commissioner of Athletics has the responsibility of determining if and when a violation of this rule has taken place. It is very important that each NCS member school review with coaches, athletes, parents and other individuals associated with the school this rule, the interpretations and the results of failure to adhere to the spirit of the rule. When there is a violation of CIF Bylaw 510 an athlete can be ineligible for two calendar years and a school's athletic program can be sanctioned. Questions and possible violations regarding undue influence, pre-enrollment and transfers based on athletic motivation should be directed to appropriate school personnel.

General Reminders

- Schools are held responsible for recruiting of athletes done by parents of other students, students, alumni, boosters, staff, etc.
- Recruiting is difficult to prove and sometimes difficult to define. Remember the premise on which the CIF 510 bylaw was founded – parents and families should be left alone to decide which school they believe is best for their child. No one associated with a school should try to influence them in any way. This is to protect the students from inducements or pressures to go to one school or another for athletic purposes. Schools are educational institutions first and as such should ALWAYS put academics before athletics. We hope parents and families choose a school based on what is best academically for their student and somewhere else down the list of priorities consider athletics.
- Many activities can be suspect. You must ask "What is the intent of the action?" If the intent is to get an athlete to transfer to, enroll in or stay at a particular school, then that activity is a violation of the CIF 510 Bylaw. If the intent is to transfer schools to participate on an athletic team, then the transfer can be considered a violation of the CIF 510 Bylaw.
- The CIF 510 Bylaw applies to private and public schools.
- When in doubt about an activity check with your athletic director or principal.
- If you "hear" about an activity that you believe may be a violation, report the possible violation to your principal. (See NCS Constitution and General Bylaw 218)
- Those who recruit students justify their actions by saying they are helping the student(s). In reality they are seriously jeopardizing that student's future eligibility status, since students who transfer schools as a result of undue influence or athletic motivation become ineligible for further participation.
- Work with NCS member schools and all CIF member schools in enforcing the rules - it's every member's responsibility.

General Outline of the Undue Influence Rule:

The purpose of the 510 form is for parents, students and school administrations and coaches to acknowledge **any** pre-enrollment contact. It does not mean that the pre-enrollment contact is recruitment, or a student is transferring based on athletic motivation. However, it is a violation when the contact is not reported. Not reporting the contact may result in up to a two-year suspension of athletic eligibility for an athlete and removal of a school from CIF membership depending on

the severity of the violation. Undue Influence and Pre-Enrollment contact apply at all times prior to enrollment at a school regardless of the age of the student (pre-high school or high school age).

How do schools report Pre-Enrollment contact on the CIF 510 Form?

Parents and Student

On the CIF 510 Form – Pre-Enrollment Contact Affidavit the parents and student complete the top half of the form and then sign on the appropriate lines under Parents and Student Statement. If there has been no pre-enrollment contact then parent and student attest to two statements. The first statement is certifying that there has been no contact with any persons associated with the school and the second statement is certifying that the student has not participated on an outside school team within the previous 24 months that is associated with the enrolling school. If the parent and student can certify that these two statements are both true then they sign on the first set of signature lines on the form.

If the parent and student cannot certify that the two statements are true then they must sign on the bottom signature lines and attach a complete written statement disclosing and explaining the specifics of the pre-enrollment contact.

Former and Enrolling School

The school would review the second page of the CIF 510 Form. A designated individual at the school, possibly the athletic director, would question all involved coaches asking if there was any pre-enrollment contact with a transfer student. The designated person must be sure to ask all coaches potentially involved with the transfer student. Coaches are asked to sign that there was no pre-enrollment contact. Athletic directors and principals are asked to do the same. If any person cannot attest that there has been no pre-enrollment contact then the principal must sign that they cannot attest and attach a complete written statement disclosing and explaining the specifics of the pre-enrollment contact.

Examples of Undue Influence and Pre-Enrollment Contact (The examples below require acknowledgement by the school, athlete and parent of pre-enrollment contact prior to enrollment if the student transfers. Contact can be reported using the 510 Pre-Enrollment Contact form.)

Some Examples of Pre-Enrollment Contact

1. Potential athlete visits a school prior to enrollment.
2. A student returns to a school of attendance after transferring away from the school.
3. Potential athlete attends open gym or open field and then transfers to the school hosting the open gym or open field.
4. Student shows up at a school that the student is interested in attending and speaks to a coach, athlete, athletic director or administrator.
5. Prior to enrollment at School A the student plays in athletic contests with students at School A.
6. Prior to enrollment at School A the student is coached by a parent, coach, teacher or any other person associated with School A.
7. A potential athlete communicates with the coach of a school prior to enrollment.

Some Examples of Undue Influence

Below are examples of undue influence by a person or school to influence the enrollment of a student at a school. Each section commissioner is given the responsibility to evaluate what is and is not undue influence. These examples offer some guidelines to potential violations.

1. Members of a school booster club seek out and discuss with a potential athlete, or discuss with the parents, the possibility of the student attending their school.
2. A school offers an invitation for an individual or targeted group of potential athlete(s) to attend a school athletic function.
3. A school offers an invitation for an individual or targeted group of potential athlete(s) to attend a high school game.
4. Invitation(s) to junior high school athletic team or a team comprised of junior high school age students to participate in pre-game or half-time activities.
5. A school offers a discounted ticket price or a free ticket to an individual or targeted group of potential athlete(s) of junior high age to attend an athletic event.
6. A coach tries to convince a current athlete to not transfer to another school. *(Note: It is acceptable for an administrator to discuss with a student thinking about transferring to another school the options of the*

student and how the student's athletic eligibility may be affected.)

7. School uses athletic team/competition pictures, team/coach accomplishments, etc. to advertise their school for purposes of visitation and/or enrollment.
(Note: Such advertisements may use athletic pictures if the advertisement uses at least the same number or more pictures of other non-athletic activities at the school).
8. A student participates in a shadow visit **and** meets with potential coaches to discuss the specific athletic program.
9. A student moves into a school's attendance area B and wishes to start summer activities with the school prior to enrollment at the school. When the student talks to the coach the coach outlines the entire summer activity schedule.
Note: Enrollment in a school is defined as actual attendance at a school or participation in an athletic contest. When parents or students who are transferring schools ask if they can participate in summer activities NCS staff have responded that as long as you have submitted your request to attend the school and have met with a guidance counselor to secure your class schedule for the coming year you are allowed to participate in summer activities without jeopardizing eligibility at the new school. The contact must be acknowledged on the CIF 510 Form.
10. Coach for school B talks to a student at School A about joining a club team after a game involving School A and B. Student transfers to School B.
11. A potential transfer student calls or approaches a coach at a potential enrolling school and asks about the athletic program. The coach outlines the entire program including off-season conditioning, open gyms/fields, offense, defense, etc.
Note: When a potential transfer student approaches a coach regarding the athletic program at their school the only appropriate response is "I can't talk to you about our program. You must see the principal."

Prima Facie Evidence

Prima facie evidence is "sufficient evidence" of undue influence or recruiting by a school to which the student transfers, or, that the student enrolled in that school in whole or in part for athletic reasons. Examples are listed below. When prima facie evidence exists the student is ineligible but has the opportunity to present sufficient proof to the satisfaction of the section commissioner that rebuts or disproves the prima facie evidence.

Examples of Prima Facie Evidence

1. A student transfers to School B where the School B coach is also the coach of the new student's club team.
2. A student transfers to School B where there was pre-enrollment contact. The contact is reported on the CIF 510 form. The student is ineligible for one calendar year unless the student and family can disprove or rebut the prima facie evidence.
3. A student transfers to School B and plays on a club team where some or all of the members of the club team also attend School B.
4. A student transfers to School B where the coach of school B has given private or group lessons to the student prior to actual attendance to the school and within the previous 24 months.

Pre-High School Visitation

Each year personnel from schools visit their feeder schools to share information regarding their high school programs. These visits have taken place for years in an effort to prepare incoming freshman for the start of high school. During these visits it is not uncommon to discuss a school's athletic program as part of the comprehensive educational program of the high school. This is expected. However, care must be taken to not recruit athletes to a school. This time prior to actual attendance to a high school is a time where parents and students should have no pressure to make decisions regarding where they will attend high school. Incoming students must always have the opportunity to select a high school with no influence from high school coaches, parents, students, booster club members, etc. Below are some examples of parameters that a school should follow concerning pre-high school contact and/or visitation.

General Guidelines:

- a. Information provided about school programs, including athletics, which are not given to any individual student or

- group of students (e.g. Jr. high basketball team), but are distributed as a total information package about the school to a large group of unselected students is not considered athletic recruiting.
- b. Post information about physical dates, summer camps, summer leagues/teams on your school website.
 - c. You may have the junior high make announcements in their junior high school bulletin about such dates, or refer them to your school's website.
 - d. You may distribute athletic material to a junior high.
 - e. A school may conduct an "Open House" that is for athletics only if open to the entire community. An "Open House" is defined as an event where parents and potential students can obtain information about all aspects of a school's athletic program.
 - f. Coaches may NOT go to the junior high at any time to meet with individual students or groups of students to talk about athletics in any way, unless they are also employed in a position that would require them to talk with junior high students (e.g. teacher, counselor, etc.) and then the conversations should only be in the context of conversation not related to the athletic program of any high school program.
 - g. Public and private schools are held to the same rule. E.g. public high schools cannot use undue influence on their "feeder junior high" athletes just the same as private schools cannot. Junior high or middle school students could choose to go to the high school in whose attendance area they live or they could choose to attend another public school in that district through district policy or a private school in the area. Until they have made that choice and are attending a high school as a ninth grader, any activity determined to have been done to "influence" that family's decision about where to send their athlete is a violation of CIF Bylaw 510.
 - h. Only students actually enrolled and attending your school may participate in any spring practices (football spring ball). A school may only invite students actually enrolled and attending your school to watch spring practices.
 - i. Open gyms and weight rooms are open to any community members, regardless of age.
 - j. ~~Conditioning, other than weight lifting in a weight room, may only include students actually enrolled and attending your school.~~
 - k. The NCS summer period starts the day following the last CIF Championship event of the current school year, usually around the second Wednesday of June. During the summer period NCS practice and conditioning rules are dark. CIF 510 is in effect at all times of the calendar year.

Examples of good practices when doing feeder school visits

1. Arrangements to share information about your school with potential students should be made by the principal of the high school with the principal of the feeder school.
2. It is legal for the visit to only discuss athletics, but only general information regarding the athletic program, such as physicals, open gyms, open weight rooms, starting dates for fall, winter and spring programs, what sports the school offers, etc.
3. Visits should be made by a person selected by the principal who will share information about the school and not information about a single program, such as the football program, or the volleyball program.
4. Sign-ups may be taken and information shared with coaches at your school. If contact is made with potential students the coach must be very careful not to encourage a student to attend their school. Until a student actually attends practice on the first official date, or attends the first day of school, they may still be weighing their options as to what school they attend.

Question: Is it within the rules for the parents of an eighth grade student who is interested in attending a private school to contact the principal of that school to learn about the course of study, tuition charges, transportation and other school matters?

Answer: Such a contact initiated by a parent would not be a violation of existing rules.

Question: Is it legal for a member of a private or public school's booster club to initiate contact with the parents of an eighth grade student for the purpose of informing them about the school?

Answer: A student's interscholastic athletic eligibility would be jeopardized by such action on the part of a booster club member.

Question: A member of a booster club of a private school is contacted by the parents of an eighth grade student who is interested in information pertaining to the scholastic and athletic program at the private school. What may a booster club member do in response to such a request?

Answer: The booster club member should advise the parent to contact the principal of the high school for

information pertaining to the school.

Question: *Student "A" will graduate from the eighth grade in two weeks. Would it be a violation of the rule if the student was personally contacted by a private or public high school coach to play on a summer league basketball team?*

Answer: *Such action by a public or private high school coach in personally contacting an eighth grade student to participate on a summer league basketball team would be in violation of the recruiting rule. However, if an eighth grade student contacts a senior high school coach to secure information pertaining to a summer league team, there would be no violation of CIF 510 rule. The coach should first determine if the student has enrolled for the upcoming school year. If not, the coach would refer the student to the principal so the student and family could initiate the enrollment process. Once the student is enrolled then the coach could discuss with the student involvement with the summer program.*

Question: *What contact may a coach have with a parent contemplating enrolling children at his or her high school?*

Answer: *The coach should refer ALL parent contact with reference to the high school athletic program and enrollment to the appropriate school administrator. Prior to enrollment, all parent contact must be handled by school administration, not members of the coaching staff.*

Question: *What may representatives of a senior high school do as far as contact with junior high school students is concerned?*

Answer: *NCS has developed guidelines for schools to follow concerning junior high school visitation and application of CIF 510. Please refer to Appendix A in this document.*

**COACH
EJECTION POLICY NOTIFICATION FORM***
(North Coast Section Ejection Policy)

_____ High School

The following rules and minimum penalties are applicable to players and coaches as adopted by the NCS Board of Managers. This policy will be in effect during non-league, league, invitational tournaments/events, post-season, league, section or state playoffs, etc).

1. Ejection of a player from a contest for unsportsmanlike or dangerous conduct.
Penalty: The player shall be ineligible for the next contest (non-league, league, invitational tournament, post-season {league, section or state} playoff, etc.).
2. Ejection of coaches, assistant coaches and/or coaching representatives for unsportsmanlike conduct as defined in sport specific NCS Ejection Policy rules summaries.
Penalty: The coach, assistant coach and/or coaching representative will immediately remove themselves from their coaching responsibilities in accordance with National Federation or sport governing rules for the respective sport. The coach, assistant coach and/or coaching representative must leave the vicinity of the playing area immediately and is prohibited from any contact, direct or indirect, with the team players and other team personnel during the remainder of the game. If there is no other coaching representative who is certified by the school in accordance to CIF bylaw 506, the game shall be terminated and declared a forfeit. The offending coach's school will be credited with a loss and the opposing school shall be credited with a win. The ejected coach, assistant coach and/or coaching representative will be prohibited from coaching or attending the next interscholastic contest for that team or any other team in the same sport prior to serving the penalty.
3. Illegal participation in the next contest by a player or coach ejected in a previous contest.
Penalty: The contest shall be forfeited and the ineligible player or coach shall be ineligible for the next contest.
4. Second ejection of a player for unsportsmanlike or dangerous conduct from a contest during one season.
Penalty: The player shall be ineligible for the remainder of the season (includes pre-season, league season and post-season play). The coach, assistant coach and/or coaching representative are employees of the school. The NCS does not have the authority to terminate employment of school employees, which would be the effect of a balance of the season suspension. Therefore, the penalty for a second ejection for a coach, assistant coach and/or coaching representative shall be that the coach, assistant coach and/or coaching representative shall be prohibited from coaching or attending the next two interscholastic contests for that team and shall also be prohibited from coaching or attending any NCS post-season contests for which the team qualifies.
5. When one or more players leave the bench to begin or participate in an altercation.
Penalty: The player(s) shall be ejected from the contest-in-question and become ineligible for the next contest (non-league, league, invitational tournament, post-season {league, section or state} playoff, etc.).
6. Coaches are responsible for determining the cause of ejection for any of their players and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture) should a student who is in violation of the Ejection Policy play in a subsequent contest. (BOM 10/24/97)

I have read and understand the rules and regulations of the Ejection Policy. Athletes may not participate in any contest until this document is filed with the school.

Coach's Signature _____ (Date) _____

SPORT _____ VAR JV FS Fr
(Circle one)

*These signed policy statements are to be maintained at each school. An Ejection Policy Notification Form-SCHOOL (see page 5) is to be filed, according to league policy, either with the league commissioner or with the North Coast Section.

**NORTH BAY LEAGUE
Sportsmanship Ballot**

SCHOOL _____

Date _____

SPORT _____

_____ BOYS

_____ GIRLS

Please bring this ballot with you to the end of the season All-League Meeting/League Tournaments. If for some reason, you cannot attend these meetings; please mail, fax or email the information **AS SOON AS POSSIBLE TO:**

Marie Sugiyama, NBL Commissioner
2613 Westberry Drive
Santa Rosa, CA 95403
Telephone/Fax: 707-544-4824
Email: mariemsugi@att.net

Thanks! We appreciate your cooperation in making our Sportsmanship Awards Program a true evaluation of the great work the schools and coaches are doing in their athletic programs.

Please rate the top five schools in ranked order with "5" being the top team. YOU MAY NOT VOTE FOR YOUR TEAM. This vote includes the nonvarsity teams also.

A copy of the criteria is on the back of this sheet. Thanks again for your input!!

- 5 _____ Top Team
- 4 _____ 2nd best Team
- 3 _____ 3rd best Team
- 2 _____ 4th best Team
- 1 _____ 5th best Team

Comments on any of the teams are welcome; i.e., coach was a positive influence on the team; players were courteous, friendly, played with integrity; needed work on sportsmanship; etc.

The success of this program depends on your willingness to participate.

NORTH COAST SECTION, CIF
12925 Alcosta Blvd., Suite 8, San Ramon, CA 94583
Phone: 925-866-8400 // Fax: 925-866-7100
Web Site: www.cifnco.org

Yonex Scholarship Application

SCHOLARSHIP APPLICATION DEADLINE: Monday, May 2, 2011

SCHOLARSHIPS: \$250.00 scholarships will be awarded to one female and one male badminton student athletes.

ELIGIBILITY: To be eligible for consideration, a nominee must:

- Be enrolled as a senior student in good standing and a candidate for graduation from a North Coast Section member high school.
- Have earned a cumulative GPA (grades 9-12) of 3.5 or higher (un-weighted).
- Have participated in the sport of badminton for two years and during his/her senior year.
- Have demonstrated a commitment to school investment through school leadership or school service.
- Have demonstrated a commitment to community investment through volunteerism (e.g. volunteer work in social, youth, church and/or other community service).
- Enroll in and begin study at a two- or four-year college within one year of graduating from high school.
- Only one male and one female will be allowed to apply for the scholarships from each NCS member school that sponsors the sport of badminton.

CONDITIONS:

- The \$250.00 scholarships are to be used toward tuition, fees and/or books at the college of the student's choice.
- The \$250.00 scholarships are to be used for the 2011-12 school year and are non-transferable.
- The scholarship funds will be distributed to selected students after the North Coast Section receives proof of acceptance from the colleges the students will be attending.

PROCESS:

NCS staff or a designated committee will review all applications and choose one female and one male recipient. Scholarship recipients will be notified the week of May 9-13, 2011 and a special presentation will be made at the NCS/Les Schwab Tires Badminton Championships. Each application must be accompanied by:

1. The formal student application (pages 2 & 3);
2. Recommendation from your school's badminton coach (attach with application);
3. Student Letter (reason student should be awarded the scholarship);
4. Verification of GPA by school administrator with signature and phone number on application form.

YONEX SCHOLARSHIP APPLICATION

Name _____ Home Phone (____) _____

Home Address _____ Age _____

City _____ Zip _____ Gender _____

High School _____

Primary Sport _____

Secondary Sport _____

I hope to play badminton in college. Yes No

Community Involvement _____

Activities _____

High School GPA _____

Verification of GPA by School Administrator: _____

Signature of School Administrator: _____ Print Name Phone: _____

College of Attendance _____

Career Interest(s) _____

College Major(s) _____

IF SPACE PROVIDED IS NOT ADEQUATE, ATTACH ADDITIONAL PAGES

APPLICANT'S ATHLETIC PARTICIPATION HISTORY

Please list below the sports in which you participated, the level (Frosh/Soph, JV, Varsity) of participation in each sport, and athletic awards or honors received.

Name of Sport	Level (Freshman Year)	Awards/Honors Received (Individual and Team)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	(Sophomore Year)	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	(Junior Year)	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	(Senior Year)	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Signature of Student Athlete Nominee

Date

**Return to: North Coast Section, CIF, 12925 Alcosta Blvd. Suite 8,
San Ramon, CA 94583 Phone (925) 866-8400, Fax (925) 866-7100**

NO LATER THAN May 2, 2011.