

## Badminton

### Schedules

- 1.101 The schedule shall be established using a scheduling matrix and the numbers that are drawn for badminton by a commissioner. This schedule will be a triple round robin, in effect for two years, with the home and away contests reversed in the second year. After the second year, numbers will be redrawn, and a new schedule developed using the schedule matrix. The matrix is located at the end of these bylaws.
- 1.102 League badminton matches will be played on Tuesdays and Thursdays at 4:30 PM. (9/27/21)

### Practice 1.200

- 1.201 The first date of practice shall be determined by the NCS Calendar for that year.
- 1.202 Teams are allowed no more than 18 hours of practice time per week and no more than four hours in a single day.
- a. Double day practices shall not be held on consecutive days and must include a minimum of three (3) hours rest between practices.
  - b. No practice may be held following the conclusion of a contest.
  - c. Any competition day counts as three hours toward the allowable weekly and daily practice hours no matter the length of the contest.

### Game Administration

- 1.301 The USA Badminton Rule Book is the governing authority in badminton, as modified by the NCS Board of Managers and/or the CIF Federated Council. NCS Modifications: One-inch (25.4 mm) lines are permitted.
- 1.302 Coaches must exchange line-ups at the beginning of the match. The home coach should welcome the visitors, introduce the coaches, and establish the ground rules.
- 1.303 Coaches will determine when matches will be played according to which players are playing singles, doubles, or mixed doubles.
- 1.304 The schools of the NBL shall have a first, second, third, and fourth singles players in girls' and boys' singles; a first and second doubles team in boys' and girls' doubles; and a first, second and third mixed doubles teams.
- (a) The top three ranked players do not have to play singles, but those who are playing singles and doubles must play in ranked order. (2/2/2011)
- 1.305 Players may play in two categories.
- 1.306 Match rules
- (a) When matches are put on the courts, have both players come to the desk to get their score sheets and the shuttle. They should introduce themselves.
  - (b) Players should be reminded that play is continuous and that no coaching is allowed except at the following breaks:

Between the first and second game—2 minutes—players may NOT leave the court.  
Between the second and third game if split games—2 minutes—players may leave the court.

- (c) Water is allowed on the courts in a container that is not open. Abuse of water breaks is considered unsportsmanlike and may result in a warning. Continued abuse may result in an ejection.
- (d) When players go to the courts, they should try not to disturb the courts in play. Players should move quickly to their court when the bird is not in play on the courts they are passing.
- (e) If there are questions regarding the rules, etc., players can indicate this to the coaches by sending a player to the table.

1.307 Rally scoring will be used.

1.308 Junior varsity co-ed format shall be three boys' singles, three girls' singles, one girls' doubles team, one boys' doubles team, and one mixed doubles team. The top two singles do not have to play singles, but those who are playing singles and doubles must play in ranked order.

1.309 A player may move from varsity to junior varsity and vice-versa at any time during the season. However, a player may not participate as a varsity player and a JV player in the same day/match.

1.310 If a position is to be forfeited, the forfeit must be placed at the bottom of the ranked players, i.e., fourth place singles, second place doubles or third place mixed doubles. JV third place singles.

1.311 Players are required to wear their badminton school uniforms in all NBL and NCS matches. NCS uniform rules will be used.

#### **Equipment      1.400**

1.401 The NBL will use the Yonex—Mavix 350 (yellow) medium speed shuttle.

#### **League and Tournament**

1.801 If badminton operates as a single league, the league champion will be team with the most wins in the NBL dual meet competition. If two or more teams tie for the championship, those teams will be declared co-champions and each will receive a pennant.

For the purpose of determining the number of team wins within the league, a team is defined as having 8 individuals/doubles (i.e.—3 boys' singles, 2 girls' doubles teams, 1 boys' doubles team, 1 girls' singles team, and 1 mixed doubles). (5/17/22)

If badminton is scheduled as two divisions, Oak and Redwood, the league champion for each division will be the team with the most wins in Oak and the team with the most wins in Redwood. If two or more teams tie for the championship, those teams will be declared co-champions and each will receive a pennant.

- 1.802 There will be two qualifying tournaments for qualification to the NCS Championships. One will be conducted for schools that are placed by the NCS in Division I in badminton and one for schools who are placed in Division II in badminton. Warm-ups will begin at 4:00 PM and match play will begin at 4:30 PM.
- a. The singles tournament will take place on the first Tuesday following the league round-robin.
  - b. The doubles tournament will be held on the Wednesday immediately following the singles tournament and the mixed doubles tournament will be held on the Friday following the doubles tournament.
  - c. All players must play in the NBL tournament to qualify for the NCS Championships.
  - d. Participants in the tournament must have played in at least one-half of the NBL matches at the varsity or junior varsity level.
  - e. All schools participating in the NBL tournament must provide volunteer workers to assist the site directors.
  - f. Each school should also bring birdies.

1.803 All-league selection criteria

Coaches will meet at the tournament seeding for the League Tournament to select an all-league team. This meeting will take place at a site determined by the championship school in each division. The all-league team will consist of four boys' singles players; four girls' singles players; two boys' doubles teams and two girls' singles teams; and three mixed doubles teams. The MVP should be the best player in the league; a team MVP may not necessarily be the NBL MVP.