



Piner Badminton 2010 News

Tuesday, 3 November 2009

Lots of changes for this year.

First the bad news: Megan will not be able to join us this year. So, we need to find a new coach. If you have any ideas that would be great.

We had a strong team last year and could have a stronger team this year with lots of hard work. Due to this I am going to change to a competitive focus. What that means for you is more work and drills but also a chance to really improve your game. I am going to stress the basics but also introduce some more advanced skills and will expect everyone to work hard and practice these skills.

With the needed skills available you should gain confidence on the court and find that you are defeating opponents that you have struggled with in the past. We will still have time for fun and food but you will work harder for it this year.

As usual we need players, so spread the word!

Badminton players are encouraged to join a winter sport- it will be good for you and for whatever sport you choose. If this doesn't work for you definitely get in some good exercise since starting February 1 you are going to need it.

Remember Sundays 3-8 PM are available and that would be a good place to start getting back into the sport.

Next team meeting: Tuesday December 8 at 3:15

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