

## Piner Badminton 2010 News Tuesday, 8 December 2009

League Changes this year:

- Marathon tournament Sat/Sunday March 6,7
- No "free ride" for singles since players can choose any two events
- One-day NCS qualifying tournament May 15 choose one event only
- NCS in Richmond May 22
- League schedule not settled yet

Get started with the paperwork! Wander by the office or download the packet from our web page. Fill everything out fully. Have someone check it over. As usual the longest part is the physical so get that done right away. Clearance day will be in January so that we can start FEBRUARY 1 with everyone cleared.

Grades: My standard that I expect all team members to meet for this year is a 2.3 GPA. Work hard the next 2 months!

Exercise challenge for next time- pushups and sit-ups combined total. Anyone who had higher total pushups than me gets free points for their total.

Remember Sundays 3-8 PM are available and that would be a good place to start getting back into the sport.

Next team meeting: Tuesday January 5 at 3:15

Stan Bischof